# Mike Mahon's Plein Air Painting Workshop

# **Supplies for Pastel and Oil Painters**

It is recommended that you work in only one medium at the workshop.

# Pastels:

## Minimum required:

Set of 72 or 96 Nupastels (96 preferred) With a single edge razor blade sharpen the end of all the sticks. Do **NOT** sharpen the end that has the

identifying number on it. If you are starting with a new set of Nupastels, the sharpening will take about 2 hours, so have much of this done before the class begins. (A good job to do while watching TV in the evening).

If you or your spouse is handy with a rotary sander or drill with rotary sander attachment, you can sharpen your hard pastels in a fraction of the time. Save your pastel dust in a container or baggy. I'll show you how to make use of it.

# Additional pastels recommended:

#### **Soft Pastels:**

Any good quality brand of soft pastels (not oil pastels) in as large a selection as you can afford. I recommend softer pastels brands such as Unison, Sennelier, Terry Ludwig, Schmincke, and Mount Vision, and Mungyo. A half stick set of soft pastels is most economical and will last because they are mostly used in the later stages of the painting. Mungyo is probably the most economical.

## **Pastel Painting Surface:**

I will do my demonstrations on Premier (400 grit), sanded paper. For the workshop, I highly recommend that you use Premier Italian Clay available in the 12x16 packs. Dakota Pastels as well as other online supply stores handle the Premier. I will have some of the Premier paper available for the workshop if you are not able to acquire it in time.

#### **Painting Support:**

3/16" or 1/2" Fom Cor board, 1/8" masonite, or commercial drawing board. Your board should be large enough to leave at least a 1 inch space around a 12"x16 or 18" sheet.

#### **Easel:**

Any portable easel on which you can securely attach your drawing board will suffice. The Julian type portable easel works well. If you do not already have a portable set up, you may also want to consider the **Pastel PorterTM** which is an portable easel I specially designed for pastel painting. You can find out more about it at http://www.mikemahonspastelporter.com/. I will do all my demos on the Porter but it is by no means necessary to have one of my Porters to get the full benefit of the workshop. If you are traveling by air and prefer not to bring an easel, I have some Julians available on a first-come-first-served basis. If you are interested in the **Pastel PorterTM**, contact me for a discount I provide for workshop participants.

# Oils: recommended limited palette

Permalba or Cadmium Red light Acrylic paint for toning canvas:
Titanium White Cadmium Yellow Light Burnt Umber and Hookers Green

Burnt Sienna Ultramarine Blue These oil colors make up a limited palette that Alizarin Crimson Cerulean Blue I normally use. You may use it or your own.

### **Painting Surface for oils:**

At least 2 cotton canvases, gessoed masonite boards, or panels for each day of the workshop. The best size for the

workshop anything from 5"x7" to 12"x16".

#### Easel:

The French type portable easel is ideal and economical.

#### **Umbrella:**

An umbrella to protect you and your set up from the sun is very useful. Your canvas and palette should not be in direct sun while you paint. Umbrellas that can connect to your easel or that can be staked into the ground are best. https://guerrillapainter.com has a good selection.

#### **Brushes:**

Flats and Filberts (small, medium and large). Sizes #2, #4, #6 or #4, #6, #8 are convenient sizes and perhaps one #12 flat for laying in large areas. If you only want to have one style of brush for the class, I recommend the filberts. Rounds (small). It is recommended that you have the above brushes in both soft and stiff bristles.

#### Palette:

If you do not have a paint box or easel with a built in palette, you may have a single or double pane of glass cut to a size to fit your easel or paint box. Tape the glass around the edges to craft colored corrugated cardboard (cardboard box material) cut to the same size as the glass. When you have the glass cut, be sure to have the edges ground to prevents cuts. I don't recommend paper or plastic palettes.

## Materials recommended for Oil & Pastel mediums:

#### **Source photos:**

Photographs from which to paint. Bring several so that I can help you select the best ones and show you what to look for in a photo. These photos are needed in case inclemate weather prevents us going outside.

## **Miscellaneous:**

Sketch book (approx. 6"x9"), apron, palette knife, small sponge, note pad, rags or paper towels with plastic zipper bags for disposal, metal or plastic can with lid for odorless turpentine (Turpenoid, Gamsol, or Bio Shield Citrus Thinner), 12" or 18" ruler, hand cleaning towelettes or Hand Sanitizer disposable rubber gloves if you like to keep your hands free of oil and turps, insect repellent, suntan lotion, portable water jug, and wide brim hat.

# **Other Mediums**

If you wish to work in a medium other than oil or pastel, bring what specific materials you need for that medium. Please let Mike know what you will be working in. His process applies to virtually any medium, but there may need to be special preparations or materials if something other than oil or pastel is used.

Almost all art supplies should be available at local art supply stores but some may be only available at large mail order art suppliers as those below:

Artisan / Santa Fe - 800-331-6375 • ASW (Art Supply Warehouse) - 800-995-6778

Dick Blick Art Materials - 800-621-8293 • Dakota Pastels - 888-345-0067 • Guerrilla Painter - 970-493-0217

Jerry's Artarama - 800-827-8478 • Pearl - 800-451-7327 Richeson & Co. • Inc - 800-233-2404 Utrecht - 800-223-9132

3504 Calle Suenos SE Rio Rancho, NM 87124 • 505-795-4639